

To:  
Instant Norge AS  
E-mail: info@instantkurs.no

Date: \_\_\_ / \_\_\_ - 20\_\_\_

### **Confirmation of practical training in the use of lifting equipment**

The undersigned hereby confirms that \_\_\_\_\_ born \_\_\_\_\_  
has completed practical training in the use of lifting equipment, including strapping, slinging and  
signaling. The candidate has executed several satisfactory lifting operations, including symmetrical  
and unsymmetrical lifting operations, with two and four parts.

Information about the person signing this confirmation:

Name: \_\_\_\_\_

Company: \_\_\_\_\_

Job title: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Signature: \_\_\_\_\_