To: Instant Norge AS	
E-mail.:	
info@instantkurs.no	
	Date:/20
Confirmation of employment	
The undersigned hereby certifies	thatborn
	have been employed
with us for at least 6 months and	that our company uses scaffold in our production.
Information about the person sign	ning the confirmation:
Name:	
Company:	
Position:	
Phone number:	
E-mail::	
Signature:	

A copy of the undersigned's certificate of competence must be attached to this document upon submission.

Registration of	f practical	training in	scaffolding	construction

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INST	AIVI

Name:	_
Address:	
	_ Company :

The number of training hours in each type of scaffolding is recorded.

Employer - Construction site	Wooden scaffold	Tube and coupler scaffold	System scaffold	Pump jack scaffold	Mobile scaffold	Trestle scaffold	Attestation of completion of training and control
Total hours:							

Please print and fill in the information in the attached form. The document should then be scanned and uploaded on this website. Alternatively, it can be sent to info@instantkurs.no or by post to: Instant Business Services SRL, Str. Septimiu Albini 140-144, 400000, Cluj-Napoca.



Checklist: scaffold builder's practice

Assignments	Completed
Review user manual for scaffolding that are going to be used	
Review the company's own procedures and any procedures on the site where the scaffolding is to be built	
Create Safe Job Analysis (sample form attached) and do risk assessment for the jobs to be done	
Ensure self-protection. Review of fall harness and how to attach this to the scaffolding. Use two fasteners so that one is always fixed	
Review any other intrinsic safety equipment	
Inspect equipment for damage and defects before use	
Use the tube and coupler	
Erecting facade scaffolding	
Erecting free standing scaffolding and mobile scaffolding	
Erecting modular scaffold	
Erecting platform transition between modular and facade scaffolding	
Erecting scaffolding at multiple heights	
Erecting scaffolding in different layouts, around corners, with height difference.	
Installation of scaffolding tarpaulin or netting. Use of additional anchorage	
Review procedures when scaffolding is erected next to public roads	
Practising methods of raising, lowering and hoisting scaffolding equipment	
Checking and documenting the assembled scaffold	
Changes to already assembled scaffolds	
Dismantle facade scaffolds	
Dismantling freestanding scaffolds and mobile scaffolds	
Dismantling modular scaffolds	
Prepare the necessary documentation for the scaffolding (see the attachment for example of an inspection form)	
Exercise on scaffold signage	
Inspect equipment after use	

The checklist must be used daily in connection with the implementation of practice. Submission of the practice documentation confirms that all points have been covered. It is not necessary to submit the checklist.



			SJA – Safe	job a	nalysis						
Pro	ject: (no. and name)						SJA manage	er: (na	ame,	Date:	
							signature)				
Brie	ef description of the activity:						Responsible	e for t	the activity: (C	ompan	y)
	e SJA is carried out because: (tick on The work involves deviations from desc The activity is new and unknown		more boxes) is in procedures and plans	ged (e.g. v	eather condi	tions, availa	able time, sequenc	e of ta		are carriec	d out nearby)
Î	What tasks are we concerned about?		Hazards - what can go wrong?		e have conti azards? (tick Partly			asure: w shoul	s d the hazards be co	ntrolled?	Responsible person
				(-		<u>::</u>					
				(<u>-</u>							
				<u></u>	<u></u>	\odot					
				(÷)							
				(<u>-</u>		<u>::</u>					
	arning points: (To be filled in by the soconsideration?)	SJA m	anager <u>after</u> the job is done: What can be c	one dif	ferently/b	etter ne	ext time? Wha	at pos	sitive experien	ces are	important to take
Pos	sible hazards										
1	Collision/impact	6	Falling object 11	High pre	ssure, splash	hazard		16	Weather condition	ns (wind, co	old, fog)
2	Construction failures	7	Falling 12	Noise, v	· · · · · · · · · · · · · · · · · · ·			17	Natural events (flo		
3	Fire, explosion	8	Heavy lifting/heavy materials 13	Radiatio	n			18	Working in tanks/o		
4	Moving objects/crushing hazard	9	High/low temperature surfaces 14	Dust, fu	nes, gases, to	xic substan	ces	19	Risk of drowning		
5	Sharp object (cut, stabbing)	10	Risk of electric shock 15	Inadequ	ate lighting			20	Other, please spec	ify:	

Г	П	M	П	A	M	Y :
Ι.		M	М	Δ	W	Y -
_				П		_

SCAFFOLD CONTROL FORM Ref.NR:

LOCATION:	TYPE:	DIMENSION: Length/width/height	_{No:} Check	§§ AML's bes 702 § 2, § 6 703 § 17	t. nr.	Date			ssing		
	Tower		1 Scaffolding Sign	age	§ 17-11					, , , , , , , , , , , , , , , , , , ,	
	Facade 🔲		2 Load-bearing st	ructure	§ 17-7						
	Mobile		3 Access	_							
	Other		4 Scaffold floor		§ 17-14						
SCAFFOLD BUIL	.DER:		5 Handrails		§ 2-22						
			Handra	il	§ 2-22						
SCAFFOLD USER				il	§ 2-22	H					
	lding is responsible for	ensuring that the	Footrai	l	§ 2-22	H					
scaffolding is in prope overloaded.	r condi on at all times	and that it is not	Shieldir	§ 6-25							
Company:			6 Tarpaulin / Cov	6 Tarpaulin / Covering							
Telephone:			7 Foundation		§ 17-20 § 17-8						
Contact			8 Bracing		§ 17-15						
Inspection by scaffold b	uilder when installing:		9 Anchoring		§ 17-18						
			9 Andronnig		3 17-10						
Date/Name:			10 Anchoring point		§ 17-18	<u> </u>					
Controlled scaffolding u	iser upon takeover:		Number of	Number of wall brackets:				The mount withstands:			kg
Date/Name:			Number of	tensile tests:		т	Traction test, 20% overload:				kg
										<u> </u>	
Check date perf	ormed:										
Remedied defic	iency date:										
Signature:											

